

June 2024

COMMUNITY SERVICE DEPARTMENT



Medical
Camp @
T. Nagar



CAP @
Nanjankulam,
Tirunelveli



STEP
Program



Medical
Camp @ SAP
School



Nutrition
Project



CANNEST



Art & Play
Therapy



MEDICAL CAMP

@ SAP School

Sundaram Arockiyam Plan (SAP), is a community initiative by the Sundaram Medical Foundation. It specifically caters to the health needs of children enrolled in the Aadi Dravida Tribal Welfare School located in Anna Nagar. Each year, around 300 students enrolled and benefitted from this plan.

The Sundaram Medical Foundation-Community service dept organised a free medical camp at Adi dravidar Primary Welfare School (SAP school), Thirumangalam on June 25 ,2024 (Tuesday) from 9.30 am to 1 p.m. A Medical Checkups BP ,Height ,Weight & General ,ENT, anaemia test , Dental screening were done and It was benefitted by 153 students.

CANSTOP given the biscuit packets for all the students

Medical Team :

Dr.Sahul(Paediatrics)

Dr.Ilakiya (Paediatrics)

Dr silambarasan (Dental)

Dr .Pavithra (ENT)

Ms.Karthika & Ms.Shanthakumari (Nurse)

Ms.Selvam (Volunteer)

Mr. Karthikeyan & Ms.Deepika (social workers) , S.Niveatha - (Social Work Trainee)



MEDICAL CAMP

@ His/Her Place, T.Nagar

Sundaram Medical Foundation, in association with the Rotary club of Madras organized a free medical camp on June 27, 2024, from 3:00 PM to 6:30 PM at His/Her Place, T.Nagar, Chennai.

The camp provided checkups for CBG, BP, and general screening.

A total of 110 beneficiaries received medical services.

Additionally, we distributed medicines worth Rs. 4900/- to individuals in need.

The camp was visited by PP.Rtn.Dr.Vijaya Bharathi Rangarajan, Rtn.Bharath Pujara, Rtn.Roopa Shetty, and Rtn Shailesh vummudi.

Medical Team:

Dr.Mehara (Family Medicine)

Dr.Ajay(General Medicine)

Ms.Indhumathi& Ms. Shantha kumari (Nursing Department)

Ms.Maya & Mr.Karthikeyan- (Social Worker)

Mrs .Selvam (Volunteer) & Ms.Niveatha (Social work Trainee)

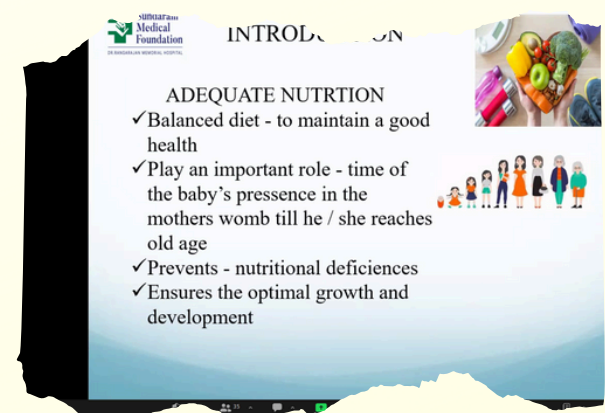
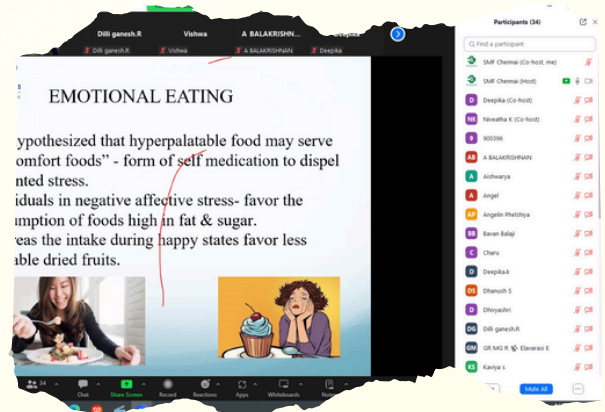


STEP PROGRAMME

A Support Therapy to Educate People (STEP) Program was arranged with the aim of addressing the subject "Eat Well & Keep moving" on June 22nd, 2024, from 3.00 PM to 4.00 PM.

Ms. Divya Dharshini, Junior consultant from Nutrition & Dietetics department at SMF, highlighted about the significance of Nutrition and diet system in our daily life. Around 52 individuals participated in this program.

In this session, the speaker clarified the inquiries posed by the participants. Finally, the participants expressed their satisfaction with the session by providing positive feedback.



WORLD YOGA DAY

@ SAP School

CANSTOP celebrated International Yoga Day at SAP School on June 21, 2024, at 9.00 AM with 152 students participating in a session led by Dr. Vaira Muthu, Yoga Teacher, from Art of Living & Prizes were awarded, and inspiring speech & yoga session were done by Mrs. Selvam CANSTOP Volunteer, while social workers also supported the event.



PLASTIC WASTE MANAGEMENT

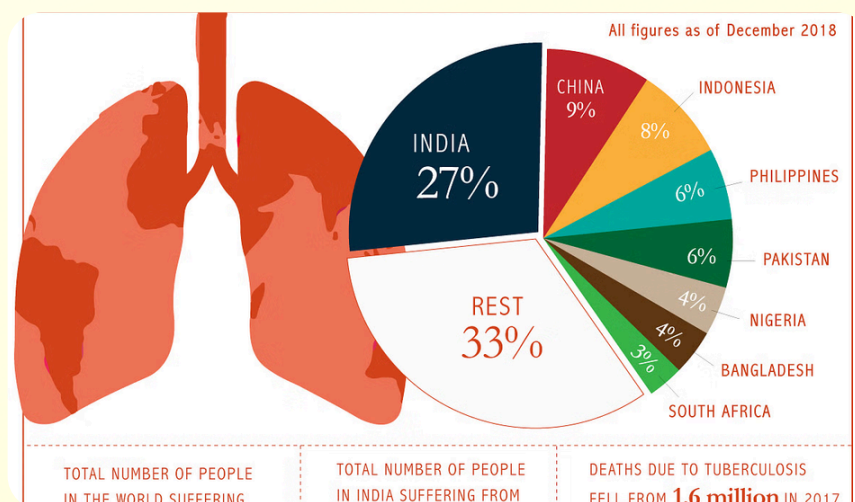
The TNPCB has also been instructed to conduct awareness programs among students, including those attending professional colleges, about the harmful effects of plastic use on the environment and motivate them to avoid plastic, in coordination with the education department and the state legal services authority.

The Community Service Department has been working on the Plastic Zero Waste Management initiative for recycling plastic waste both on IP and OP buildings in association with the Bisleri CSR team.

A total of 72kg of plastic waste was collected in the month of June 2024.



REACH FOUNDATION



For the month of June 2024,
21 people have utilized the Tuberculosis Intervention Services.



NUTRITION PROJECT

CANSTOP visits the Institute of Obstetrics and Gynecology, the Government Hospital for Women (IOG) and the Institute of Child Health and Hospital (ICH) on Tuesdays & Thursdays regularly to enhance the nutrition of patients and offer consistent counseling services.

Tender coconuts worth Rs.8600 were distributed at IOG & A Pediasure worth Rs. 4320 was distributed at ICH.



ART & PLAY THERAPY

Art and Play therapy sessions were regularly held for pediatric cancer patients and their families at the Institute of Child Health. These sessions included a variety of art and craft activities, along with fun games, to engage and entertain them while they were in the hematology ward.



CANCER AWARENESS SESSION

@ Nanjankulam, Tirunelveli

Breast Cancer Awareness Session was conducted in Nanjankulam village at Tirunelveli district by Mrs.Vijaya Mahendran (Canstop Volunteer) on June 26th 2024 for women and also for teaching and non teaching staffs at same village. Around 70 women were aware about Breast Cancer



HOPE CHEST

CANSTOP's Hopechest provides essential things for the cancer patients & their parents at IOG & ICH to lead their regular lives happily.



In the month of June 2024, a total of 5 families got help from the Hope Chest.

Join us and make your contributions to the cancer patients at Govt. Hospitals.

Sarees, Toys,
Bedsheets, Books,
Nighties, Pillows,
Petticoats, Tiffen Boxes,
Sandals, Kettles,
Slippers, Flasks,
Towels, Water bottles,
Toiletries, Kitchen utensils & appliances

Note: Make sure the items are in good condition

CANNEST HOME

In the month of June 2024, a total of 250 families stayed at CANNEST Home, where the children in the home were engaged through various activities and games with the help of volunteers and social workers.



SPONSORSHIP DETAILS

CAN-STOP expresses its sincere gratitude to sponsors for their generous contributions towards the CANSTOP project, and the donation details are provided below:

Sponsorship details		
Sponsors	PROJECTS	AMOUNT
Dayachand Malhotra	CANNEST	20000
Mrs.Vijaya Mahendran	CANNEST	1000
Total		Rs.21000

IN-KIND SPONSORS

In-Kind Sponsors			
S.No	Sponsors	Particulars	Worth in Rupees
1	Mr. T. K. Srinivasan	Vegetables	Rs. 4,000
2	Chennai Food Bank	Rice bag	Rs. 3500
3	Century Flour Mill	Soji & Wheat Flour	Rs. 4,440
4	Mrs.Dharshana	Provisions	Rs. 8500
5	Mrs.Rekha	Ceiling Fan	Rs. 800
6	Mrs.Grishma	Adult & Baby Chairs, Swing Cars	Rs. 9500
7	Mrs.Indumathy	Baby walker & Baby Chairs	Rs. 1447
8	Mr.Balaraman	Provisions	Rs. 1620
Total			Rs. 33807



VOLUNTEER'S CONTRIBUTION

The CANSTOP team gratefully acknowledges each and every volunteer for their time and commitment to all of the events.

Volunteers- Mrs.Indhumathy, Mrs.Selvam,Mr.Balaraman

HELP LINE SERVICE

Totally 208 calls were received in the CAN-STOP Help line number.

52 calls for STEP Program.

10 calls for ABC Exhibition

60 calls for BTO (Online Painting Competition).

2 calls for Counseling

2 calls for Blood request at Government Hospital.



For your kind contribution:

CAN-STOP is eligible for 50% Tax
Exemptions under Section 80G of
Income Tax Act. Cheques can be
drawn in favour of CAN-STOP



For more information contact us
through:

044-26284256 / +91-9941007688

Connect with us through:

www.canstop.org

